



# 36th Delaware Distance Classic 15k

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## 5K Run & Walk

Sunday, October 07, 2018 at 9:00 a.m.

**GREAT LOCATION! Delaware City, Delaware!**

(Only a short 20 minute drive from Wilmington!)



- Event**      **2018 Mid-Atlantic USATF 15K Championship** and a Mid-Atlantic Grand Prix Event. Sanctioned by the Road Runners Clubs of America (RRCA).
- Sponsors**    **Wilmington Trust Company Wealth Advisory; M&T Bank; Harvest Market;** See website for others.
- Field**          **15K** limited to 500 runners. No limit for 5K.
- Awards**        **15K:** Male & Female Open: **\$150, \$100, \$50;** M & F Masters **\$75.** 5 Year Age Groups (3 deep)
- Course**        **Flat and fast certified 15K course** from downtown Delaware City to Governor Michael Castle Canal Path.
- Amenities**     Shirt guaranteed to the first **400** registered participants. Timing by Fusion Racing. Post-race party on deck of Crabby Dick's restaurant.
- Benefits**       Local Delaware City charities and the Pike Creek Valley Running Club. As an affiliate member of the Road Runners Clubs of America, PCVRC is a 501(c)3 non-profit organization!
- Register**      You may register online and/or download this entry form at [www.DDC15K.org](http://www.DDC15K.org).
- Directions**    Delaware Route 1 to Rte 72/Rte 9 to Delaware City. Park at end of Washington Street. See website.
- Questions**    Email us at [run@PCVRC.com](mailto:run@PCVRC.com)      Volunteers always welcomed!      Feel free to picnic in Battery Park!!
- Host Club**     **Pike Creek Valley Running Club** was established in 1982 to promote the sport of running; a fun and healthy activity for people of all ages & abilities! Please join PCVRC and support Running in Delaware.

**Print Name:** \_\_\_\_\_ **Phone Number:** (\_\_\_\_) \_\_\_\_\_

**Address:** \_\_\_\_\_  
City State Zip

**Email** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Sex:** Male Female      **T-shirt Size:** XS Small Medium Large XL XXL

**USATF Member #:** \_\_\_\_\_

**Cost:** \_\_\_ **15K \$40.00** (thru Aug 31); \_\_\_ **\$45.00** (Sep 1-30); \_\_\_ **\$50.00** (Oct 1-6) \_\_\_ **\$55.00** (race day)  
\_\_\_ **5K \$15.00** (thru Aug 31); \_\_\_ **\$20.00** (Sep 1-30); \_\_\_ **\$25.00** (Oct 1-6) \_\_\_ **\$30.00** (race day)

**Charitable Donation \$** \_\_\_\_\_ **Join the PCVRC \$ 25.00 (optional)** \_\_\_\_\_ **Total Enclosed \$** \_\_\_\_\_

**RELEASE FORM:** In consideration of this entry being accepted, I intend to be legally bound, hereby for myself, my heirs, my executors, and/or administrators, waive and release any and all rights I may have against the organizations holding this event, their agents, representatives, sponsors, successors and assigns for any and all injuries suffered by me at said event. No bicycles, roller skates, baby joggers, headsets or dogs. Unofficial runners are not permitted to participate.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **This is my first DDC15K/5K** \_\_\_\_\_