



35th Delaware Distance Classic 15k + 5K Run & Walk



Sunday, October 08, 2017 at 9:00 a.m.
GREAT LOCATION! Delaware City, Delaware!
(Only a short 20 minute drive from Wilmington!)

- Event** **2017 Mid-Atlantic USATF 15K Championship** and a Mid-Atlantic Grand Prix Event. Sanctioned by the Road Runners Clubs of America (RRCA).
- Sponsors** **Wilmington Trust Company Wealth Advisory; M&T Bank; Harvest Market;** See the website for others.
- Awards** **15K:** Male & Female Open: **\$150, \$100, \$50;** M & F Masters **\$75.** 5 Year Age Groups (3 deep)
- Course** **Flat and fast 15K course** from downtown Delaware City onto the Governor Michael Castle Canal Path. Course details on website. New return on the canal path! Also a flat and fast, walker friendly, 5K course!
- Amenities** Long sleeve technical running shirts to the first **400** registered participants in 15K. A cotton T for the 5K. **Finisher medal for the 15K.** Post-race party on deck of Crabby Dick's restaurant with great food and refreshments! DJ Music. Chip Timing. Results will be posted online at www.DDC15K.org
- Benefits** Local Delaware City charities and the Pike Creek Valley Running Club. As an affiliate member of the Road Runners Clubs of America, we are a 501(c)3 non-profit organization!
- Register** You may register online and/or download this entry form at www.DDC15K.org.
- Directions** Delaware Route 1 to Rte 72/Rte 9 to Delaware City. Left to the base of Clinton Street at Battery Park!
- Questions** Email us at run@PCVRC.com Volunteers always welcomed! Feel free to picnic in Battery Park!!
- Host Club** **Pike Creek Valley Running Club** was established in 1982 to promote the sport of running; a fun and healthy activity for people of all ages & abilities! Please join PCVRC and support Running in Delaware.

Print Name: _____ **Phone Number:** (____) _____

Address: _____

_____ City State Zip

Email _____

Date of Birth: _____ **Sex:** Male Female **T-shirt Size:** Small Medium Large **Gender Specific for 15K.** **Unisex for 5K.**
X-Large XXL

USATF Member #: _____

Cost: ___ **15K \$35.00** (1st 200 registrants); ___ **\$40.00** entry: (Registrants 201 +); ___ **\$45.00** (on/after Oct 07)
 ___ **5K \$25.00** entry:

Charitable Donation \$ _____ **Join the PCVRC \$ 25.00 (optional)** _____ **Total Enclosed \$** _____

RELEASE FORM: In consideration of this entry being accepted, I intend to be legally bound, hereby for myself, my heirs, my executors, and/or administrators, waive and release any and all rights I may have against the organizations holding this event, their agents, representatives, sponsors, successors and assigns for any and all injuries suffered by me at said event. No bicycles, roller skates, baby joggers, headsets or dogs. Unofficial runners are not permitted to participate.

Signature: _____ **Date:** _____ **This is my first DDC15K/5K** _____